



The Role and Importance of Art in Human Life

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ABSTRACT

Art is an all-embracing notion that plays the most important role in the development of the mankind. Art is a diverse range of human activities and the products of those activities. Art is a diverse field and includes artistic imprints in many forms which may include the creation of images or objects in fields including painting, sculpture, printmaking, photography, and other visual media. Architecture is often included as one of the visual arts; however, like the decorative arts. The first forms of arts were found on walls of ancient caves in the forms of stone works as well as painting. So we can guess that painting was the first way of art. Painting is the most understandable way of art because it gives us the most full and vivid impression. Music, theatre, film, dance, and other performing arts, as well as literature, and other media such as interactive media are included in a broader definition of art. A poem, a painting, a sculpture created by the artist gives joy to him while he is in the act of creation; it gives him joy again after a lapse of time, when he imaginatively recreates or relives the original moment of creation and also gives a great sense of pleasure to the person who observes that art carefully.

KEYWORDS-art, role, human, life, painting, poem, creation, music, pleasure

1. INTRODUCTION

Art is a way to express many things. It's a way to deal with feelings that cannot be expressed through typical means like conversation or words. Art gives a way to express your emotions. Until the 17th century, art referred to any skill or mastery and was not differentiated from crafts or sciences, but in modern usage, the fine arts, where aesthetic considerations are paramount, are distinguished from acquired skills in general, and the decorative or applied arts. Today in the 21st century the dimensions of arts have changed a lot as compared to the past. These days art is not only just a way of expressing your ideas but also has been used to send some kind of information or message to the masses.

Art can be used for politics and social agendas such as editorial cartoons and paintings directed at political or religious figures. Art can inspire and allow people to see things from different perspectives.[1,2,3]

Art comforts man through poems, literature, songs, drama, and cinema. Art lovers can spend their whole life working for art. Art serves to fulfil the desire of man to transcend the death and decay to which all earthly things are subject. Art consoles man to help him imagine what is desired but is not immediately available for use. Art takes you to another world where you interpret everything by your emotions. It enables him to live a double life without the torture and morbidity of schizophrenia. The importance of art is related to the

nature of our human-built environment, and whether we create it to be a comfort or a torment. To understand the place of art and beauty in contemporary culture, you need to turn to historic forms of art.

2. History of Art

To understand the true meaning of art we have to begin from the historic period from where the concept of real art started, though in the modern century art has taken a commercial turn still never the less there are those who still respect art in its original form. The most precious achievements and monuments of mankind, whether it is a pyramid or any building from historic view, are man's attempts to eternalize memories of some important historic event or symbolize the loss of near and dear ones who were initially lost forever. We may safely say that art is a by-product of man's self-love and a fond hope to live forever in a world beyond this world. It would not be wrong to say that art is both a means as well as an end. It is a means for the artist to transcend the limitations of time and space and to partake of pleasures not found in the day to day. Creation of art has been often compared with the process of birth and death.

Sculptures, cave paintings, rock paintings etc. from the Upper Paleolithic dating to roughly 40,000 years ago have been found, but the precise meaning of such art is often disputed because so little is known about the cultures that produced them. Also, it becomes really difficult to interpret all the work that was done during olden times. Many great traditions in art have a foundation in the art of one of the great ancient civilizations: Ancient Egypt, Mesopotamia, Persia, India, China, Ancient Greece, Rome, as well as Inca, Maya, and Olmec. Each of these centres of early civilization developed a unique and characteristic style in its art. Because of the size and duration of these civilizations, more of their art works have survived and more of their influence has been transmitted to other cultures and later times. Some also have provided the first records of how artists worked.

In the east, Islamic art's rejection of iconography led to an emphasis on geometric patterns, calligraphy, and architecture. Further east, religion dominated artistic styles and forms too. This was an important phase of religious art development. India and Tibet saw an emphasis on painted sculptures and dance, while religious painting borrowed many conventions from

sculpture and tended to bright contrasting colours with emphasis on outlines. Various dance forms and considerable development in the field of music was witnessed during this period. Woodblock printing became important in Japan after the 17th century. The western Age of Enlightenment in the 18th century saw artistic depictions of physical and rational certainties of the clockwork universe, as well as politically revolutionary visions of a post-monarchist world.

The late 19th century then saw a host of artistic movements, such as academic art, Symbolism, impressionism, and fauvism among others. This period saw a great rise in artistic movements. The history of twentieth-century art is a narrative of endless possibilities and the search for new standards, each being torn down in succession by the next. Thus the parameters of Impressionism, Expressionism, Fauvism, Cubism, Dadaism, Surrealism, etc. cannot be maintained very much beyond the time of their invention. Increasing global interaction during this time saw an equivalent influence of other cultures into Western art, such as Pablo Picasso being influenced by African sculpture. The west has had huge impacts on Eastern art in the 19th and 20th centuries, with originally western ideas like Communism and Post-Modernism exerting a powerful influence on artistic styles.

3. The Importance of Art in Human Life

It is usual human nature to admire the beauty around us which may include natural as well as man-made resources like hills, rivers, natural beauty and beautiful buildings respectively. We are often awe-struck when we see a beautiful painting, or read a beautiful poem, or listen to soothing music and we get an inner feeling of happiness and calmness when we come across these things. [4,5,6] We commonly associate art in terms of a painting or a sculpture we see in a museum or an art gallery, nonetheless, art is everywhere around us in many forms and holds a significant value in our lives. The word 'Art' is, however, most commonly associated with pieces of work in a gallery or museum, whether it's a painting from the Renaissance or a modern sculpture. Art has much more diverse forms than this classification. However, there is so much more to art than what we see displayed in galleries. The truth is, without being aware of it, we are surrounded by art and use it on a continual basis. Most people don't realize how much of a role art

plays in our lives and just how much we rely on art in all of its forms in our everyday lives.

It is difficult to describe the word art in literal terms, but broadly we understand the art to be a form to express one's feelings through any object or medium like paper, music, colours, technology, magic, photography etc. different artists use different mediums to express their inner feelings. It could be abstract, realistic, naturalistic, conceptual, and inspirational. It is agreeable that we are surrounded by Art and also rely on it in our daily routine. When we enter someone's home, it is difficult to stop ourselves to appreciate the way the living room is decorated. You would find rhythm and harmony in the way furniture is placed; photographs adorn a wall, paintings hung above the sofa or any particular show-piece placed in a corner or centrepiece on a coffee table etc. however the importance of art in human life is worth consideration. Art may play an important role in our lives in one way or the other which includes:

- **Art and Music:** Art plays a great role in our lives which can be easily understood by the fact that every one of us has a television and a music system in our house and everyday use both, and which is a great application of the work of art. We daily listen to music by various artists and watch different movies and television shows where different artists perform. Music is the form of art that can make life extremely joyful and can have a huge effect on our mood. Music at times can have a soothing effect that may help you to forget all your tensions and worries. In the workplace, in particular, music is something that can help people set the mood for what they are about to do. If you have something hard or difficult to work on or are feeling tired, an energetic song will likely wake you up and add some enthusiasm to the situation. On the other hand, the movies and daily soaps that we watch are also a work of art.

- **Preserving Culture:** Another importance of art is that it preserves our culture. Ancient monuments and other artistic claims including scripts, music forms, dance forms and designing patterns are all included in our cultural heritage. When we see these cultural preserving we come to know about our proud past and also would help coming generations to realize their roots. Hence art also serves to carry our cultural messages to generations.

- **The Joy of Art:** At times we may wonder why all of these things are so important to our daily lives and that

we could have easily survived just fine with essential items that were non-artistic. You may think that we could have easily found out an alternative. That is just the reason why art is so valuable! While art may not be vital to fulfilling our basic needs, it does make life joyful. Whenever you go to a hill-station and gaze at the tremendous natural beauty you are not able to forget that experience for many days. When you look at a painting or poster you've chosen to hang on your living room wall, you feel happy. The sculpture or figurines on the kitchen windowsill create a sense of joy. These varieties of art forms that we are surrounded by all come together to create the atmosphere that we want to live in, which is personable to us.

- **Inspirational Art:** Not just entertainment and cultural perseverance, art can also be a great source of inspiration. You can easily find inspirational art, such as posters that are often found in workspaces to encourage employees to continue being productive. There is now an increasing amount of companies using art in their offices, as well as playing background music, as it is proven to actually work in making end results far better quality. Also, you may find inspirational songs that are being made for teams participating in a high voltage match, which is also a form of inspirational art. There may be a piece of art that you own that you personally find motivational. A lot of people find music in the gym to be inspirational for them to work out.

The importance of Arts in our lives is quite recognized to a greater level. Art is everywhere, influencing us on a daily basis, whether we realize it or not. With the art that we are surrounded by, whether it's a painting, music or even videos can have a huge impact on our mood and emotions. Our concentration towards art is increasing day by day and people have started appreciating art in a serious manner. Nowadays Art and Craft Education are encouraged in schools for children as it provides a platform for the young ones to express and explore their imagination. Everywhere you go art is evident. Research and Statistics confirm that this education helps resolve a lot of problems and enhances critical thinking skills. Not all children are academically good, hence encouraging them to discover the artist in themselves might help them grow in life and excel in many other fields and may prove out to be an excellent career opportunity for them.

4. DISCUSSION

It's a sad truth most artists must reconcile at some point in their creative lives: the role of the arts is constantly being questioned. Some people question whether the arts are necessary or justified, most often when the subject has to do with funding arts curricula. For others, there is no debating the belief that the arts have never been more important to our society and should be fully integrated into our lives, our community and education in general.

First, art is the barometer that measures levels of cultural sophistication. Throughout human existence, we have learned about cultural accomplishments from the cultural artifacts left behind. Many of these artifacts have left behind permanent marks on the planet. Consider the construction of Stonehenge, the Greek Parthenon, the Roman Colosseum, the Hagia Sophia, the Blue Mosque, gothic cathedrals, St. Peter's Basilica, Meso-American pyramids, the Taj Mahal and even, the Statue of Liberty. [7,8,9] Each of these iconic structures also is a piece of art that communicates important messages about the time, place and context in which the structure was created.

In addition to providing commentary about the larger culture, art makes life more manageable, tolerable and enjoyable. One may not think about more utilitarian items and places as "art," but they do contribute to one's aesthetic experience. Think about the iPhone, the Fort Worth Water Gardens, Call of Duty: Black Ops, floor rugs, royal processions, Gucci's Spring line, Versace furniture, Ducati motorcycles, Land Rovers, Gaudi's Sagrada Familia, Calvin Klein, Calatrava bridges, sunglasses, military uniforms, Star Wars, Rolling Stone Magazine covers and the Transformers. Now, remove any element founded in creativity, art and design, and all that remains are piles of materials that require human imagination and visual thinking.

Art forces humans to look beyond that which is necessary to survive and leads people to create for the sake of expression and meaning.

Our own city, Fort Worth, is home to three world-renowned museums: The Amon Carter Museum of American Art, The Kimbell Art Museum and the Modern Art Museum. This city's moniker of "Cowboys and Culture" is apt—a merging of Fort Worth's rich western history as equally shaped by cowboys, expansive ranches, the Chisolm Trail AND important

fine art institutions. It is the cultural arts that elevate our city onto the international stage.

Art can communicate information, shape our everyday lives, make a social statement and be enjoyed for aesthetic beauty. Tarrant County College reinforces Fort Worth's rich culture. Each campus offers a variety of fine art experiences for students of all majors to attend and become inspired. These opportunities include theater performances, music concerts, dance performances and visual art gallery exhibitions. Trinity River Campus is even home to a large techno-centric art collection. These free resources represent an extension of the classroom and can be utilized and appreciated by the entire community.

In an informal conversation with Scott Robinson, dean of humanities at the Trinity River Campus, several Design I students were discussing the importance of art and why it is necessary in an academic environment. Through much discussion and some arguing, the group concluded that the arts are necessary to give meaning to things. The sciences provide the facts and information that give order to our world and are at the vanguard of innovation and human achievement. For example, science can teach us about the life cycle of organisms. It explains why organisms age, it provides the ability to prolong life through medicine and it gives an insight into the workings of death and decay.

On the other hand, art can give meaning to the concept of death. Egyptians mummified individuals and laid them to rest in magnificent tombs, while present-day humans place loved ones in the ground (or in mausoleums) and decorate that resting place with plaques, memorials and flowers. El Dia de los Muertos celebrates the passing of loved ones and remembers them through visitations, offerings and the belief that their souls remain near. These cultural practices, combined with our scientific understanding, allow us to process life and death more holistically.

Is it fair or even justified to separate art from the sciences? The only answer to this question is a resounding "NO." The arts and sciences have a symbiotic relationship. Leonardo Da Vinci best captured the relationship of the two in his claim that they are separate but intertwining paths that lead one to the same end: knowledge.

Angel Fernandez

The focus on Science, Technology, Engineering and Math (STEM) is one of the current buzzworthy initiatives in academia. The acronym can easily be transformed into STEAM by the inclusion of art into the formula. Art should be included and the focus should change. The exclusion of the arts is a disservice to the world's youth. A popular bumper sticker asserts that "Earth" without "art" is just "Eh," a desolate and meaningless place. We can do better than that. We must. Art is the key.

5. RESULTS

Art is an important part of human life as it provides us with various benefits that contribute to our physical, mental, and emotional well-being. Here are some of the ways in which art is important in human life:

1. Expressing emotions: Art allows individuals to express themselves in ways that may not be possible through words alone. Whether it's painting, sculpture, music, or dance, art allows us to communicate our emotions and feelings to others.
2. Enhancing creativity: Participating in art activities helps to enhance creativity and stimulate the imagination. This can lead to innovative thinking, problem-solving skills, and the ability to think outside of the box.
3. Improving mental health: Engaging in art activities has been shown to improve mental health and reduce stress, anxiety, and depression. Art therapy is often used to help individuals process trauma, improve self-esteem, and promote self-awareness.
4. Preserving culture and history: Art is often used to preserve cultural traditions and history. This can include traditional music, dance, and visual art forms that are passed down from generation to generation.
5. Connecting communities: Art can be used to bring communities together and promote social cohesion. Art events, festivals, and exhibitions can provide opportunities for people from diverse backgrounds to come together and celebrate their shared interests.[10,11,12]

Art plays an important role in human life by providing a means of expression, enhancing creativity, improving mental health, preserving culture and history, and connecting communities.

Art can add value to human life in many different ways. Firstly, art can inspire us to think and feel deeply about our lives and the world around us. Through art,

we can explore different perspectives, ideas, and emotions that might be difficult to express through other forms of communication. Art can also educate us, by telling stories about historical events, cultural traditions, and social issues. By learning through art, we can broaden our understanding of the world and deepen our empathy for others.

Additionally, art can entertain us, by providing us with an enjoyable and engaging experience. Whether it is through music, dance, theater, or visual art, art can offer us a break from our daily routines and bring joy and pleasure into our lives. Art can also challenge us, by pushing us out of our comfort zones and exposing us to new ideas and perspectives. Through challenging art, we can develop our critical thinking skills and expand our horizons.

Furthermore, art can play a crucial role in cultural identity and social change. Art can express cultural values and traditions, and serve as a means of preserving and celebrating cultural heritage. Art can also be a powerful tool for social and political activism, by raising awareness about issues such as inequality, oppression, and injustice. Through art, we can engage in meaningful dialogue about the most pressing issues facing our society today.

The purpose of art is a question that has puzzled philosophers, artists, and art enthusiasts for centuries. While there is no one answer to this question, there are various theories and perspectives that attempt to shed light on the nature of art and its purpose in human life.

One perspective is that art is a form of communication. Through art, we can express ourselves and communicate our thoughts, emotions, and experiences to others. Whether it is through painting, sculpture, literature, or music, art can provide a means of connecting with others on a deeper level. Art can also act as a mirror, reflecting back to us our own experiences and helping us to understand them more deeply.

Another perspective is that art helps us make sense of the world around us. Through art, we can explore and understand complex concepts and ideas that might be difficult to grasp through other means. Art can also offer us a way of coping with the uncertainties and challenges of life, by providing us with a space to reflect, contemplate, and process our experiences.

Furthermore, art can have a spiritual or existential aspect to it. Art can help us to connect with something larger than ourselves, whether it is a higher power, the universe, or the collective unconscious. Through art, we can explore questions of meaning, purpose, and existence, and find a sense of transcendence or awe.

While there are many different perspectives on the purpose of art, one thing is clear: art has the power to transform and enrich our lives in countless ways. Whether it is by inspiring us, educating us, entertaining us, challenging us, or providing us with a sense of meaning and purpose, art plays an essential role in human life.

Art's Impact on Human Life: Inspiring, Healing, and Transformative

The impact of art on human life is undeniable. Art can inspire us to think and feel deeply, and to engage with the world around us in new and meaningful ways. It can also have a significant impact on our mental health and well-being, by providing us with a sense of purpose and meaning, and by helping us cope with difficult emotions and experiences.

Art can also have a powerful impact on society as a whole. By reflecting and critiquing social norms and values, art can serve as a catalyst for social and political change. It can also promote cultural understanding and appreciation, by highlighting the diversity and richness of human experience.

As technology advances and the world becomes increasingly interconnected, the future of art is both exciting and uncertain. Some worry that traditional forms of art, such as painting and sculpture, will become obsolete in the digital age. However, others believe that technology will open up new possibilities for artistic expression and that the future of art is bright.[16,17,18]

One thing is certain: the demand for high-quality art will always be strong, and there will always be a need for skilled artists and artisans. 1st Art Gallery, which specializes in oil painting reproductions, is committed to supporting the arts and promoting artistic excellence. Our team of professional artists and art historians is dedicated to creating and preserving works of art that inspire and captivate people around the world.

Art is a vital aspect of human life that has the power to enrich and transform us in countless ways. Art can inspire, educate, entertain, challenge, and even heal us. It can help us make sense of the world around us, connect

with others, and explore profound questions of existence and meaning.

Moreover, art can have a significant impact on society, by promoting cultural understanding and appreciation, raising awareness about social and political issues, and serving as a catalyst for change.

In a world that is often driven by materialism and consumerism, art reminds us of the beauty and complexity of the human experience. It challenges us to think deeply and critically, explore new perspectives, and connect with others on a deeper level.

Therefore, we should continue to value and support the arts and recognize their essential role in human life.[13,14,15]

6. CONCLUSIONS

Art is a multifaceted phenomenon, serving as a reflection of our innermost emotions and the world around us. It evokes feelings, from joy and sorrow to anger, creating a bridge of understanding between diverse groups of people. By transcending languages and cultures, art becomes an invaluable asset in fostering unity and peace.

Art is not just an expression of emotion but also a medium for communicating ideas. It can act as therapeutic relief, a conduit for self-expression, or simply a way to appreciate life's beauty. Through art, we can chronicle history, embody societal values, and comment on political or social events.

The Core Seven: Why Art Matters

The realm of art is vast, and its significance has evolved over time. However, there are seven primary reasons why art has remained indispensable to humanity:

1. **Escape from Reality:** Art offers a haven from the every day, allowing us to step into different worlds and perspectives.
2. **Fostering Community:** It establishes a shared identity and sense of belonging among diverse groups.
3. **Self-Expression and Awareness:** Art provides a platform to voice our feelings, thoughts, and identities.
4. **Contemplation and Reflection:** Through art, we can introspect and ponder life's mysteries.
5. **Entertainment and Joy:** Beyond its deeper meanings, art can also be sheer fun and enjoyment.
6. **Eliciting Strong Reactions:** Art has the power to inspire awe, wonder, and introspection.

The Intrinsic Value of Art

While art's monetary worth can be significant, its true value lies in its creation. The emotions, skills, and creativity poured into each piece are what makes it invaluable. Artists aim to leave a lasting impact, ensuring their creations resonate and endure. Furthermore, art serves as a cultural ambassador, educating us about diverse lifestyles and histories.

The Role and Debate Surrounding Art

The purpose of art has been debated for ages. While some view it solely as a form of entertainment, others see it as a vital part of human existence. Art stands out from mere design or craft because it isn't bound by functionality. It offers a unique means of expression, allowing us to convey complex emotions and ideas that words might fail to capture. Historically, art has manifested in various forms, from paintings and sculptures to literature, each playing a pivotal role in shaping civilizations.[19]

Art's Transformative Power

Art possesses the unparalleled ability to alter perceptions and catalyze change. For instance, in ancient Greece, art and music were deemed the only channels to communicate with the gods, emphasizing their immense cultural significance. Over the decades, artists have mirrored society's evolution, challenges, and aspirations, as seen in movements like Dadaism, Surrealism, and Pop Art.

Art is not just a creative endeavor; it's a force that shapes, influences and reflects society. As you've gleaned from this exploration, art's essence lies in its myriad roles and impacts on daily life. If you're keen to delve deeper into contemporary art, consider visiting EDEN Gallery. With locations in major cities and a robust online presence, EDEN Gallery showcases exceptional contemporary artists. Every artwork is original and comes with a certificate of authenticity, ensuring a trusted and enriching art-buying experience.[20]

Conflict of interest statement

Authors declare that they do not have any conflict of interest.

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