



# Epidemiology, Pathology, Diagnosis, Treatment and Control of Monkeypox Disease: A Systemic Research

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## To Cite this Article

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## Article Info

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## ABSTRACT

**Background:** Monkeypox is a viral infection generated by monkey pox Virus. It is identical to smallpox which belongs to the genus Orthopoxvirus, family Poxviridae, and sub-family Chordopoxvirinae.

**Method and material:** We conducted this research paper by observing the different types of reviews, as well as conducting and evaluating literature review papers.

**Result:** Monkeypox are identical to small pox but milder than the indications of smallpox. The virus has mostly affected populations in rural and rain forest regions in Central and Western Africa, with human cases reported in 11 African countries. As of May 21, 2022, the World Health Organization (WHO) reports 92 confirmed cases and 28 suspected cases of monkeypox infection from 12 non-endemic countries.

**Conclusions:** Human monkeypox is an emerging viral zoonotic disease, which is caused by monkey pox virus. Primarily, monkey pox transmission to humans is believed to occur through direct contact with infected animals or possibly by ingestion of inadequately cooked flesh.

**Keywords:** Virus, Monkeypox, Disease, Etiology, Pathology, Diagnosis, Treatment etc

## 1. Introduction

Monkeypox is a viral infection generated by monkey pox Virus. It is identical to smallpox which belongs to the genus Orthopoxvirus, family Poxviridae, and sub-family Chordopoxvirinae. The illness is distinctly developed in the distant areas of Central and West Africa. Initially it was identified in 1958 in animals like macaque monkeys and was first reported in Humans in 1970 in a 9-month Old boy developed illness, which was

ultimately approved as human monkey pox by the World Health Organization from Zaire.

Monkeypox is a rodent virus which can mostly disseminate among certain rodents in Africa. The viruses are oval brick in appearance and have a lipoprotein layer that envelope the viral DNA. The recognition of monkeypox virus is based on biological feature and end nuclease sequence of viral DNA. Monkeypox has a clinical presentation equivalent to smallpox like fever, malaise, back pain, Headache,

muscle pains but only the dissimilarity is presenting lymphadenopathy. Besides monkeys, reservoirs for the virus are developed in Gambian pouched rats, dormice and squirrels. Currently, there is no validate, secure treatment for monkeypox.

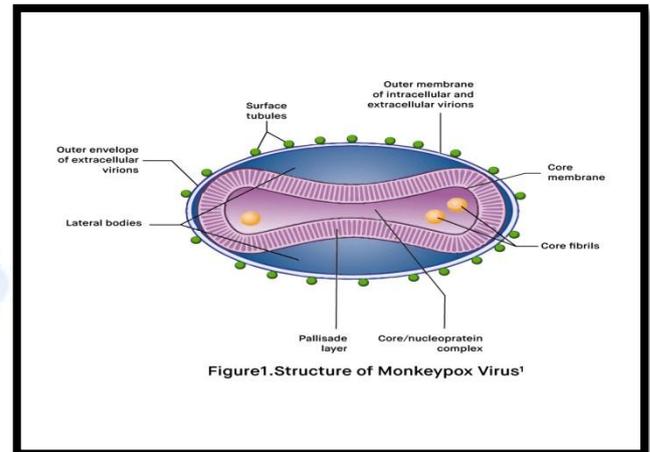
## 2. History

Monkeypox was initially detected in monkeys in 1958; however a "vesicular illness in monkeys" was traced in the 1860s. Ultimately the disease, and the causative virus, was named as monkeypox because the lesions seen in Monkeys are similar to other pox-forming diseases. Subsequently some studies showed that the "monkeypox" virus was really sustained endemically in African rodents. This large outburst is thought to be triggered by river that produced polluted wild animals to more close with humans, so increasing this zoonotic illness.

Monkeypox is a viral zoonotic disease caused by infection with monkeypox virus. Monkeypox virus is an enveloped double-stranded DNA virus from the Ortho-poxvirus genus in the family Poxviridae. It shares the same genus with the variola virus which causes smallpox, the vaccinia virus which was used for the development of smallpox vaccine, cowpox virus, and camel pox virus. Known as a less lethal and infectious relative of the smallpox virus, monkeypox has developed into two strains, namely the Central African strain, and the West African strain. Although infections with Central African strain have been known to be more severe and transmissible, the spread of monkeypox virus had been limited to tropical rainforest regions of Central and West Africa until 2003. Since then, although the virus was occasionally exported to other areas, it was quickly contained.

The recent outbreak of the monkeypox virus in several non-endemic countries has caused major concern. As of July 17, 2022, 92 confirmed cases and 28 suspected cases of monkeypox infection were reported from 13 non-endemic countries including Australia, Belgium, Canada, France, Germany, Italy, Netherlands, Portugal, Spain, Sweden, the UK, US and the India. Read along to find out more about monkeypox virus, its transmission routes, its symptoms, and preventive measures.

## Natural host of monkeypox virus



**Figure 1: Structure of Monkeypox Virus**

Monkeypox virus is a zoonotic pathogen, meaning that it spreads between non-human animals and humans. Although monkeypox was named after its initial discovery in monkeys in a Danish laboratory in 1958, various animal species have identified as susceptible to monkeypox virus, such as rope squirrels, tree squirrels, Gambian pouched rats, and dormice. Still, further research is required to determine the exact reservoirs of the virus.

## 3. Monkeypox virus Transmission

Infection of register cases outcome from absolute connection with the blood, bodily fluids, or cutaneous or mucosal lesions of contaminated animals. In Africa human infections have been recorded by the grasping of polluted monkeys, Gambian giant rats and squirrels, with rodents being the prime pool of the virus. Consuming poor cooked meat of polluted animals is a feasible risk factor. Secondary, or human-to-human, circulation can mark from nearcontact with polluted respiratory tract discharge, skin lesions of anpolluted person or objects newly polluted by patient fluids or lesion materials. Communication occurs predominantly via droplet respiratory molecules typically involving extended face-to-face touch, which puts household members of mobile cases at extensive threat of infection. Circulation can also occur by inoculation or via the placenta.

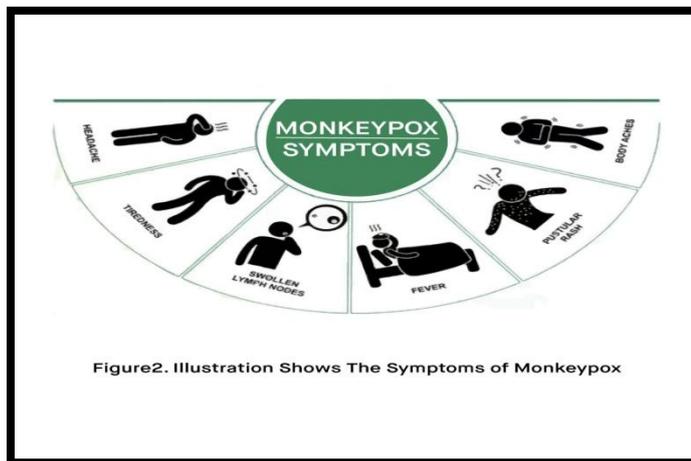


Figure2. Illustration Shows The Symptoms of Monkeypox

## Figure 2: The symptoms of monkeypox

Monkeypox virus spreads through close contact with infected animals and humans, or contaminated materials. The virus may enter through broken skin, respiratory tract, and mucous membranes such as the eyes, nose, or mouth.

Animal to human transmission of monkeypox may be through contact with blood, bodily fluids, and lesion material of an infected animal, including wounds such as bites and scratches. Consuming inadequately cooked meat and other products from infected animals is also considered a potential route for contamination.

Human to human transmission is possible through contact with respiratory secretions, bodily fluids, and skin lesions of an infected person. Again, contact with recently contaminated objects can also cause transmission. Apart from close contact, monkeypox can also transmit from mother to fetus through the placenta. While close physical contact has been identified as a transmission route, data remains insufficient to determine whether monkeypox spreads directly through sexual intercourse.

## 4. Epidemiology

Monkeypox is an illness in humans was first integrated in the Democratic Republic of the Congo, in the town of Basankusu, in 1970. A second sudden appearance of human illness was distinguished in DRC/Zaire in 1996–1997. In 2003, a small explosion of human monkeypox in the United States appeared among holders of pet prairie dogs. In 2005, a Monkeypox outburst happened in Unity, Sudan and sporadic Cases have been reported. In 2009, an Outreach campaign among refugees from the Democratic Republic of Congo

into the Republic of Congo recognized and confirmed two cases of Monkeypox. A monkeypox outbreak in the Central African Republic was carried with 26 cases and two Deaths between August and October 2016. Normally, the prediction involves the proportion of exposure to the virus, host immune response, co morbidities, vaccination status, and extremity of complications. Poxvirus infections have no ethnic preference and the prevalence is uniform in males and females. Roughly one third of the infections were evaluated to be Sub-clinical. The increase in instances was imputed to the effect of the civil war which had led to increased hunting for forest animals that carry monkey pox, especially Squirrels. Improvement in lifestyle due to increasing urbanization, and intensified Agricultural activities replacing hunting and trapping, the chances of reducing monkey pox, either from the primary reservoir or intermediate hosts, then it will become a disappearing disease.

## Etiology

Monkeypox is originated by Monkeypox virus, which belongs to the genus orthopoxvirus, and is also generated by a class of viruses that include chicken pox and small pox belonging to the same genus. The reservoir for monkeypox virus is unknown, but is thought to be squirrels or rodents in central Africa. In addition to African species, Studies have shown that there are multiple potential hosts for monkeypox virus encompasses primates, rabbits and rodents. Since Monkeypox virus has an animal reservoir, complete elimination of the disease is not feasible.

## 5. Signs and Symptoms

In individuals, the manifestations of monkeypox are identical to small pox but milder than the indications of smallpox. Monkeypox initiate with fever, headache, muscle aches, and fatigue. The principal dissimilarity between indications of smallpox and monkeypox is that monkeypox produces lymphadenopathy while smallpox does not. The incubation time for monkeypox is generally 7–14 days but can range from 5–21 days.

- The infection can be divided into two periods:
- The invasion period (0-5 days)
- The skin eruption period (within 1-3 days after appearance of fever)
- The invasion period:

- The illness starts with Fever, Headache, Muscle aches, Backache, Swollen lymph nodes, Chills, Exhaustion.

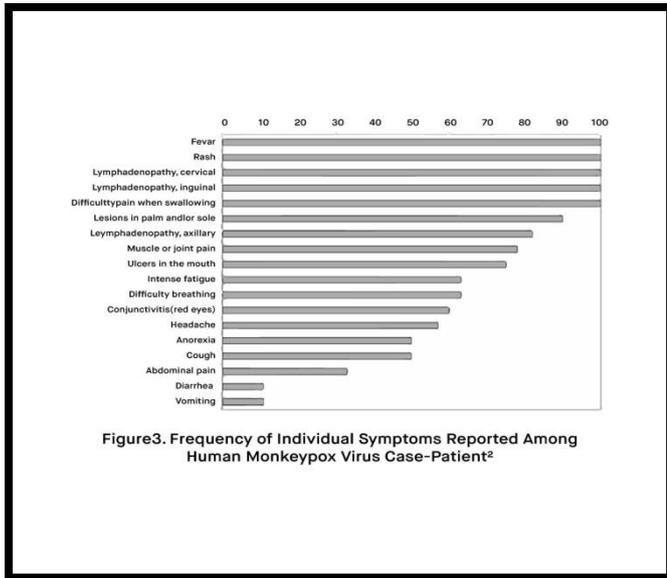


Figure 3. Frequency of Individual Symptoms Reported Among Human Monkeypox Virus Case-Patient

**Figure 3: Frequency of individual symptoms reported among human monkeypox virus case-patient**

**The skin eruption period:**

Within 1 to 3 days after the arrival of fever, the patient appears a rash, often developing on the face then extending to other parts of the body. The face and palms of the hands and soles of the feet are most affected. Three weeks might be necessary before the complete withdrawal of the crusts.

Lesions progress through the following stages:

- Rash
- Macules
- Papules
- Vesicles
- Pustules
- Scabs

The illness usually lasts for 2–4 weeks. In Africa, monkeypox has been shown to cause death in as many as 1 in 10 persons who had the disease.

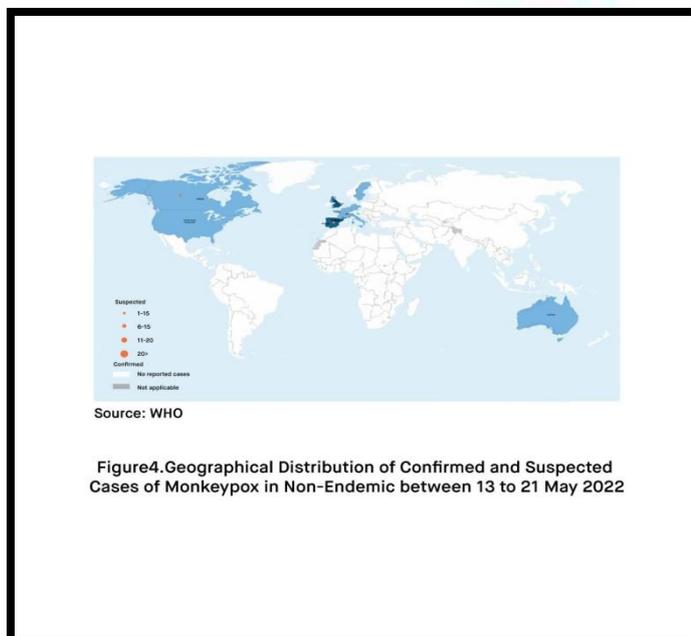
**Pathophysiology**

Exposure to the polluted animal by a bite or through extreme contact with skin lesions or body fluids shows to be the predominant mechanism of infection in the US monkeypox outburst. Circulation through touch with contaminated bedding or cages is feasible, however it not approved. In African instances, person-to-person transmission through direct contact and respiratory droplets. However there is no confirmation of human-to- human communication in the US. Airborne transference of the monkeypox virus is theoretically feasible, mainly in patients with cough. In Africa, contamination may also occur by consumption of polluted animal for food. The duration of communicability, equivalent for both humans and animals, range from 1 day prior to the onset of the rash until 3 weeks, after rash onset all of the lesions have developed crusts.

Stage	Specification	Representation	Stage duration
Rash	It is more widespread skin involvement, which can be composed of several lesions with primary and Secondary morphologies		1-2 days
Macules	Flat lesion < 1cm in diameter		1-2 days

<b>Papules</b>	Elevated lesion that is <1 cm in diameter		1-2 days
<b>Vesicles</b>	Small fluid containing lesion that is <0.5 cm		1-2 days
<b>Pustules</b>	Vesicle containing purulent material May be white or yellow Is not always infected		5-7 days
<b>Scabs</b>	A hard coating on the skin formed during the wound healing Reconstruction phase		7-14 days

## 7. Monkeypox outbreaks



**Figure 4: geographical distribution of confirmed and suspected cases of monkeypox in non-endemic between 17 April 2022**

Although monkeypox is a relatively rare disease, it is not a novel occurrence. The first human case of

monkeypox was detected in 1970 in the Democratic Republic of the Congo (DRC). Since then, the virus has mostly affected populations in rural and rain forest regions in Central and Western Africa, with human cases reported in 11 African countries including the Democratic Republic of the Congo, Nigeria, Cameroon, the Central African Republic, Benin, Liberia, Gabon, Sierra Leone, Cote d'Ivoire, South Sudan, and the Republic of the Congo.

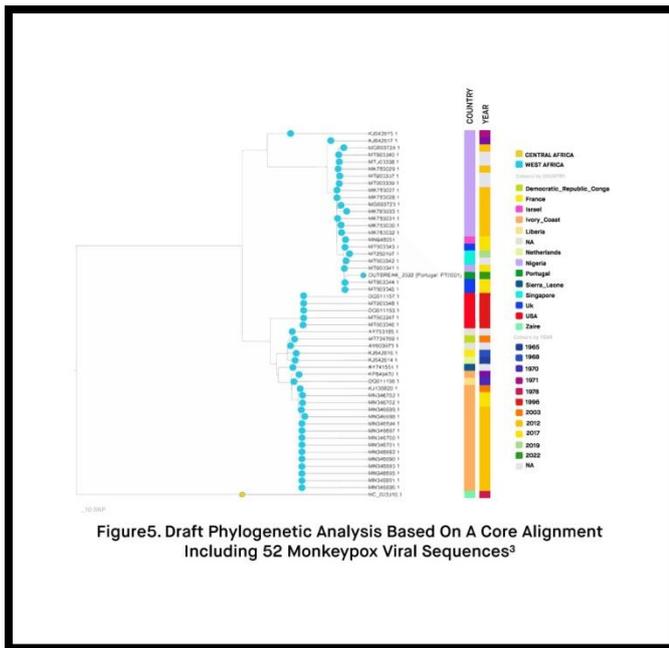
The first monkeypox outbreak outside of Africa occurred in 2003 in the US. Linked to pets imported from Ghana, the outbreak led to more than 70 human cases in total. More recently, monkeypox cases linked to international travel have been reported in Israel (2018), Singapore (2019), the UK (2018 and 2019), and the US (2021).

## 8. Countries have monkeypox disease

In May 2022, several cases of monkeypox were detected in various non-endemic countries. As of May 21, 2022, the World Health Organization (WHO) reports 92 confirmed cases and 28 suspected cases of monkeypox infection from 12 non-endemic countries including Australia, Belgium, Canada, France, Germany, Italy,

Netherlands, Portugal, Spain, Sweden, the UK, and the US.

### Dangerous is monkeypox



**Figure 5: Draft phylogenetic analysis based on a core alignment including 52 monkeypox viral sequences**

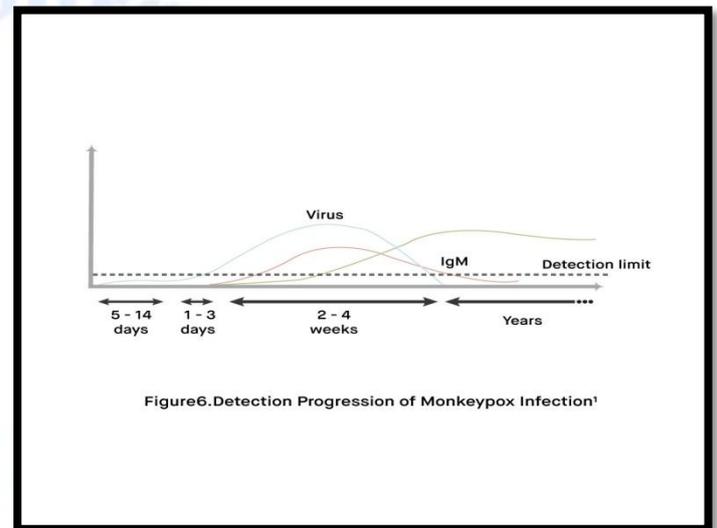
As mentioned above, infections with the monkeypox virus are not typically as transmissible or severe as smallpox infections. Most people are known to recover on their own within a few weeks. However, some people such as children, pregnant women, and immunocompromised persons can develop more severe illness. The true burden of monkeypox is not clear. Still, the virus has been reported to have caused deaths in Africa, with a fatality rate potentially as high as 1 in 10 infected persons. Future research is required to determine the exact risks and risk groups associated with the monkeypox disease.

### 9. Vaccine for monkeypox

Due to cross-protection afforded for the immune response to ortho-poxviruses, both monkeypox and smallpox vaccines have been developed in formulations based on the vaccinia virus. Vaccination was demonstrated to be around 85% effective in preventing monkeypox. In 2019, a newer two-dose vaccine based on a modified attenuated vaccinia virus was approved for use against monkeypox. Thanks to cross-protection, prior smallpox vaccination is also thought to reduce symptom severity.

Apart from vaccines, although the data on their effectiveness is scarce, antiviral agents such as cidofovir and tecovirimat may also be used in the treatment of monkeypox, as both agents have proven to be effective against poxviruses. Developed originally for smallpox, tecovirimat was recently licensed by the European Medical Association (EMA) for use against monkeypox based on human and animal studies.

### Protect



**Figure 6: Detection progression of monkeypox infection.**

In order to protect yourself and others, you should avoid close contact with wild animals, stray animals, and animals that seem to be unwell in general. Touching or consuming bush meat may also lead to contamination. You should also make sure to not eat inadequately cooked meat. You should also refrain from coming into close contact or sharing belongings such as towels or bedding with people who may have monkeypox. Finally, you should always make sure to apply rules of personal hygiene and wash or sanitize your hands regularly.

### 10. Diagnostic testing for monkeypox

Alongside vaccines and antiviral treatments, diagnostic technology has also been developed for monkeypox virus. Several IVD companies in China have developed monkeypox virus nucleic acid detection kits based on PCR-fluorescent flow method. As these viral detection kits do not currently have a registration certificate, they are used exclusively for research and disease control purposes.

The specific detection that must be evaluated encompasses other rash illnesses, such as, smallpox, chickenpox, measles, bacterial skin infections, scabies, syphilis, and medication-related allergies.

Lymphadenopathy throughout the prodromal stage of illness can be a clinical quality to differentiate it from smallpox. Monkeypox can only be diagnosed absolutely in the laboratory where the virus can be recognized through a number of different tests:

- Polymerase chain reaction (PCR) assay
- Enzyme-linked immunosorbent assay (ELISA)
- Antigen detection tests
- Virus isolation by cell culture
- Cross-adsorbed virus neutralization
- Immunofluorescence or hem agglutination inhibition assays,
- Immunoblotting or Western blotting

### 11. Prevention

Averting monkeypox augmentation through restrictions on animal trade or prohibiting the locomotion of small African mammal's and monkeys may be potent in lessening the enlargement of the virus in exterior Africa. Potentially polluted animals might be segregated from other animals and set into immediate quarantine. Evade connection with animals that could harbor the virus. Evade touch with any substances, such as bedding, that has been in contact with a sick animal. Segregate polluted patients from others who could be at danger for infection. Execute good hand hygiene after contact with contaminated animals or humans. For Example, cleaning your hands with soap and water or applying an alcohol-based hand Sanitizer. Use personal protective equipment when caring for patients.

#### Treatment

There are no authorization therapies for human monkeypox, however, the smallpox vaccine can protect against the disease. The termination of general vaccination in the 1980s has growing sensitivity to monkeypox virus infection in the human population.

#### Cidofovir

Cidofovir is a powerful antiviral drug utilized in various virally generated cutaneous illnesses. It is applied either topically or intralesional for the remedy of skin diseases developed by DNA Viruses. It has broad-spectrum activity against all DNA viruses encompasses Herpes, adeno, polyoma, papilloma and

poxviruses. Among the poxviruses, smallpox, cowpox, monkeypox, camelpox, molluscum contagiosum have proven Susceptible to the inhibitory effects of cidofovir.

#### Smallpox Vaccine

Smallpox vaccine is successful at safeguarding people against monkeypox when given before subject to monkeypox. CDC suggests that the vaccine should be given within 4 days from the date of exposure to prevent onset of the disease. If given between 4–14 days after the date of exposure, vaccination may mitigate the symptoms of illness, but not avert the disease.

#### Tecovirimat (ST-246)

ST-246 is efficacious in curing orthopoxvirus-developed illness. Human clinical trials revealed the medicine was safe and enduring with only minimal side effects. Tecovirimatis currently undergoing in clinical trials and has recently been granted permission to conduct Phase II trials by the U.S. Food and Drug Administration. In phase I trials tecovirimat was usually well tolerated with no serious adverse events.

#### Vaccinia Immune Globulin (VIG)

Vaccinia immune globulin (VIG) is made from the pooled blood of persons who have been administered with the smallpox vaccine. These individuals can develop antibodies in response to the smallpox vaccine are separated and purified.

#### Method and material

We conducted this research paper by observing the different types of reviews, as well as conducting and evaluating literature review papers.

### 12. Result & Discussion

Monkeypox are identical to small pox but milder than the indications of smallpox. Monkeypox initiate with fever, headache, muscle aches, and fatigue. The principal dissimilarity between indications of smallpox and monkeypox is that monkeypox produces lymphadenopathy while smallpox does not. The incubation time for monkeypox is generally 7–14 days but can range from 5–21 days.

Since then, the virus has mostly affected populations in rural and rain forest regions in Central and Western Africa, with human cases reported in 11 African countries including the Democratic Republic of the Congo, Nigeria, Cameroon, the Central African Republic, Benin, Liberia, Gabon, Sierra Leone, Cote d'Ivoire, South Sudan, and the Republic of the Congo.

Linked to pets imported from Ghana, the outbreak led to more than 70 human cases in total. More recently, monkeypox cases linked to international travel have been reported in Israel (2018), Singapore (2019), the UK (2018 and 2019), and the US (2021). Countries have monkeypox disease In May 2022, several cases of monkeypox were detected in various non-endemic countries.

As of May 21, 2022, the World Health Organization (WHO) reports 92 confirmed cases and 28 suspected cases of monkeypox infection from 12 non-endemic countries including Australia, Belgium, Canada, France, Germany, Italy, Netherlands, Portugal, Spain, Sweden, the UK, US and the India. However, some people such as children, pregnant women, and immunocompromised persons can develop more severe illness. Still, the virus has been reported to have caused deaths in Africa, with a fatality rate potentially as high as 1 in 10 infected persons. You should also refrain from coming into close contact or sharing belongings such as towels or bedding with people who may have monkeypox.

### 13. Conclusion & Future Aspect

Human monkeypox is an emerging viral zoonotic disease, which is caused by monkey pox virus. Primarily, monkey pox transmission to humans is believed to occur through direct contact with infected animals or possibly by ingestion of inadequately cooked flesh. There are no licensed therapies to treat human monkey pox viral infection; however, the smallpox vaccine can protect against the disease. The discontinuation of general vaccination in the 1980s has given rise to increasing susceptibility to monkey pox virus infection in the human population.

It has been noticed that the newer monkeypox should be similar to smallpox virus which produce a powerful life hazard infection in individuals. So this locomotion of individuals cause concerns for shifting of virus into an area without monkeypox. However the prevalence of human illness requires additional assessment and examinations with further studies to better understand the area of elements involved in disease communication and spread. The cause of concern now is the presence and potential spread of other hither to less known pox viruses, including the monkeypox in humans.

It has been observed that the newer monkeypox could be like the eradicated smallpox virus which causes a potentially life threatening infection in humans. Biological warfare and potential threat of bioterrorism cannot be ruled out; therefore, a 99 American Journal of Infectious Diseases and Microbiology better understanding of monkeypox virus and similar microorganisms could contribute to better management of emergency situations. .

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### Authors' Contribution

The first author developed the proposal, undertook the literature search and review, and then collects and analyzes the data under supervision of my respective advisers. The second author gives constructive comments and guidance and work with the main author with respect to the research objective.

### Conflict of interest statement

Authors declare that they do not have any conflict of interest.

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